Disctrict 63 Baseball Pitcher Eligibility Tracking Form

Pitch Count Limits	Days Rest Requirements
20	No rest needed
21-35	One (1) day rest needed
36-50	Two (2) days rest needed
51-65	Three (3) days rest needed
66 or more	Four (4) days rest needed

Division: _____

Team: _____

Date of Game	Pitches Thrown	Last Batter Started At:	Pitcher's Name	Jersey #	League Age	Team Managers' Signature	Opposing Manager's Signature	Scorekeeper/Umpire Signature	Eligible to Pitch Again on (Date)

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